

**PFS State-wide Kick-off for Advisory and EBP Committee
December 16, 2016, Meeting Minutes - DRAFT
9:30 a.m. to 12:30 p.m.**

SPF PFS Advisory Committee Members

Present

Lara Belliston	Andrea Boxill	Myrtle Boykin-Lighton
Cindy Clouner	Amanda Ferguson	Mary Francis
Yvette Jackson	Greg Jefferson	Judith Moseley
Debbie Nixon-Hughes	Jim Phipps	Marcie Seidel
Molly Stone	Trevor Thomas	Dawn Thomas
Eloise Traina		

Not Present

Kameisha Bennett	Angie Bergefurd	David Edelblute
Robert Kaspdrzak	Joseph Keferl	Rachelle Martin
Kristen Rost	Melissa Thomas	Faith Yingling

Guests

Stacey Gibson	Mary Haag	Holly Raffle
Rachael Wummer	Nicole Yandell	Matt Courser
Kirsten Thompson	Derek Longmeier	Anirudh Ruhil
Abdalah El-Barrad		

SPF PFS EBP Workgroup Members

Present

Cheryl Holton	Jill Jackson	Valerie Leach
Jessica Mays	Laura Rooney	Stephanie Stevens
James Syphax	Matthew Toomey	Kathy Yokum

Not Present

Phillip Atkins	Honey Bell-Bey	Shemane Marsh
Joel Reichlin	Midge Roberts	Jeff Spears
Aimee Wade	Rachael Wummer	

1. Welcome – Dawn Thomas

- Sign in/Attendance was reviewed as it is required for SPF PFS grants and recorded in MRT system
- Brief introductions
- Theme for the Agenda today is the PFS journey – it's a process. It's the biggest lesson we've learned.

2. Where Have We Been? – Molly Stone

- The Prevention SIG grant was approximately 11 million to help communities understand the importance of evidence based prevention (EBP) and get them to start implementing EBP programs. During this time an Advisory Committee created the Shared State Agency Prevention Framework and this was the first time the state began talking the same language, goals and outcomes as it relates to prevention

- SPF-SIG was a 5 year – 10 million grant was awarded in 2009. Changed the focus to strategic planning and understanding the Strategic Prevention Framework with the goal of getting communities to understand the phases of the SPF and reducing underage drinking and other substances. Ohio SPF focused on the 18-25 year old population
- The Strategic Prevention Enhancement (SPE) Grant – 600K brought together state and community partners to look at state infrastructure with 4 goals: 1) Champion Prevention, 2) Promote and formalize collaboration and systems integrations, 3) Develop and promote culturally competent EBPs, 4) Use data to assess community strengths and select programming. Ten objectives were developed from those 4 goals – ALL 10 have been met. Last one was the administration of the OHYES! survey.
- Ohio's SPF PFS is built upon those foundations but there are gaps in our rural and Appalachian areas
- All of the SAMHSA-CSAP awarded grants have helped to emphasize the importance of data driven planning.

3. Are We Headed in the Right Direction? – Lara Belliston

- Overview of what the SEOW is and how it can help our communities moving forward (refer to handout in packets). SEOW is currently being re-structured and more information will be forthcoming.

4. Where Are We Going? – Dawn Thomas

- A brief overview of the SPF and the 13 sub-recipient communities was provided (SPF handout/summary) The service population for Ohio's SPF PFS is rural and Appalachian counties – 62 of Ohio's 88 counties fall into this category.
- Focus on building capacity to provide more access to EB prevention services
- The beginning phases of the project will provide opportunities for all rural and Appalachian counties to begin building workforce capacity. Training/technical assistance will be provided before the RFP for sub-recipient communities is released.
- No RFP has been released yet, currently building the state leadership team. There were some funds (5,000) released for rural and Appalachian counties to attend OPEC in 2015 and to attend other training – only ¼ of counties took advantage of that
- Project Director is building relationships with communities to get a better understanding of their assets, needs and challenges.
- Everyone was referred to SPF website as a resource.

5. Who is travelling with us? – Mary Haag

- Provided current organizational structure of Ohio SPF PFS with the service population in the center (see handout/diagram).
- Orange layer is the leadership team – wrapping these communities with support – leadership, coaching and mentoring, evaluation.
- Advisory groups in light blue – 4 groups: Advisory, EBP, SEOW, Committee for Diversity & Inclusion (CDI)
- Highlight Ohio Coaching and Mentoring Network (OCAM) and cadre of coaches that have experience with SPF. Regional learning collaboratives will also be developed to provide training, support – all about capacity-building directed towards the rural and Appalachian populations
- Emphasized the “wraparound approach” that was utilized in the SPF SIG to provide communities with training and technical assistance. This approach keeps communities in the middle as the focus with the SPF PFS leadership team wrapped around them. There is no wrong door to access assistance.

6. How do we get there? – Dr. Holly Raffle – Lead Evaluator

- Discussed the Theory of Change (see handout)
- Evaluation was discussed and how we tend to think of it as only outcomes.
- Summative/formative process evaluation also important-assumes you already know what you are doing-EBP model program

- Developmental evaluation/Empowerment evaluation
- When changing a system, don't really know how it's going to look or where we are heading
- Evaluation Team can assist with needs assessment to plan, evaluate, implement and sustain
- We are doing PFS *with* our communities not **to** them or **for** them
- Some SPF counties are now using the process with their Family and Children First Councils (FCFC) as well as with other problems such as injury prevention, suicide prevention etc.
- If you don't have a Theory of Change you don't get an outcome
- Activity – look at the Theory of Change (handout) and jot down in your own words what you think we're doing in your own words –
- Summary of Activity (Feedback and responses of committee members)
 - Wrap around the communities
 - Feds working with the state, state working with the local communities all working together on the same process
 - Using data, science-based approach, collaboration, to provide positive community change
 - Stronger process towards Evidence-based strategies, greater alignment towards goals, more effectiveness
 - Comprehensive collection of wrap-around services to build greater capacity to use the SPF for greater population change
 - Who is the document valuable for? Anyone – 30 pages down to 1, should be digestible for everyone, easy to understand
 - Shows people where you fit in the big picture
 - Helps keep our focus
 - Need the lens of the community on this
 - Cultural appropriateness?
 - The diagram is succinct – I can put myself in this diagram – most clear picture I've seen so far of where we are and where we're going
 - Struggle with the acronyms – need a key – it's mental health focus
 - Will communities get to choose or have to do both? The grant says communities can choose one or other, or do both, or as long as they can do one they can choose another (e.g., marijuana) however SPF experience showed that picking 1 was more realistic for communities to address – previous EBP committee had to issue an edict
 - Red boxes (language given to us from SAMHSA)
 - Involve OSAM to combine Prevention and Treatment
 - Acronym key on the back would be helpful?
 - Public-private partnerships
 - Consumers as well as survivors (suicide or other things) would they find a place on here? I think so but wanted to mention – learning communities, training and coaching (loss team might be part of the leadership)
 - Putting best practices in place for the infrastructure to put that in place to get the outcomes
- Want communities to create these types of documents as well
- SAMHSA project officer supportive of the extra time for planning
- ACTION
 - Please share other feedback if you have thoughts as you are driving back

7. Are We Ready? – Matt Courser

- An overview was provided on Community Capacity and Readiness Assessment
- Discussion focused on the communities that will be a part of this SPF PFS journey and how ready they are to utilize the SPF to address underage drinking and prescription drug misuse.
- See handout

8. What Do We Know About Our Destination?

- Cultural Competence – Dawn Thomas
 - Discussion on cultural competence: It's not the icing on the cake, it's the batter, the flour, it's the foundation of what we do not something to be added on as extra
 - What our communities do needs to look like our communities, not like OhioMHAS
 - Need to be willing to take a deeper dive and look at the diversity within our rural and Appalachian communities
 - Presentation on Minority Populations in Ohio Web Application – Professor Anirudh (Ani) Rhil and students from Ohio University developed and presented on this website abidan.shinyapps.io/OhioMinorities
 - Web application built to look at minority populations in Ohio's rural and Appalachian counties – at block level (can also look at cities)
 - Built with open-sources software – it's Free and available to the public! No intellectual property rights – anyone can adapt
 - Data is extracted from the 2010 census, 10-24 years old only
 - Block level is 10-24, county level is 12-25
 - Have to be a minimum of 15 minorities to be displayed
 - While the whole county may not have a large percentage of minorities, pockets of high-percentages of minorities show a different picture (e.g., 55% minority on a block)
 - Reviewed data from Athens, Ashtabula and Ross counties
 - The web application can also download tables, look at individual cities and generate PDF reports
 - Tables break out gender, and specific race breakdowns
 - Looking at population in prevention of overdoses – average overdose age is 27?
 - This can be linked with the OHYES! Data to determine what the prevention needs are within the system
 - Final note is that we need to be responsible/careful with the data

9. Explore and Discover – Committee for Diversity Inclusion (CDI) – Dawn Thomas

- Recommendation given by committee members for Ohio Coaching And Mentoring (OCAM) Network to consider how we might be able to utilize- GIS mapping for this initiative and that it would also be wonderful for communities to build capacity and learn how to use it.
- Suggestions were also given for potential partnerships with Interact for Health?
- The committee is just starting and needs members please let Dawn know if there is someone that might be a good fit for the committee. SPF Advisory Committee and EBP Workgroup members are also able to serve on the CDI. The CDI will continue to be developed.

10. Getting On Board – Breakouts

- Advisory Committee – Greg Jefferson and Stacey Gibson both served on SPF SIG Advisory Committee and facilitated discussion in collaboration with other members (Marcie Seidel and Eloise Traina. The following is a summary of the discussion
 - Participation on the committee helped them to see the state evolve throughout the SPF process as well as an appreciation for what everyone does
 - See Advisory Committee as a coalition of sorts – process, etc.
 - As a member of SPF SIG Advisory Committee it was interesting to hear what was happening across the state – meeting federal requirements
 - A new committee member made the point that SPF needs to be replicated with treatment initiatives at OhioMHAS .
 - The Advisory Committee was a cohesive group and kept each other accountable and on track as it related to developing the strategic plan.
 - The SPF PFS Theory of Change gives us a great map to follow for the grant wish we had that for SPF
 - Members would like to see what other data is available in EBP and SEOW groups.
 - Made decision to have Conference calls – every other month then quarterly

- **Next meeting will be a conference call February 26th at 10am, April 22nd at 10am**
- **EBP Workgroup** – Captain Matt Toomey and Valerie Leach (previously served on SPF SIG EBP Workgroup) facilitated discussion in collaboration with Dr. Holly Raffle.
 - Defined what an EBP was and developed rubrics to review SPF sub-recipients logic models and strategic plans
 - Met monthly for an entire day– it was truly a WORKgroup
 - The EBP is continuing today – offers similar advice and guidance on other grants and department initiatives
 - Expectations for logic models and strategic plans of SPF sub-recipients were set by the EBP group
 - The previous SPF SIG was implemented in 13 counties – this grant could potentially serve 56 counties (but not have 56 sub-recipients).
 - SPF looks like military process – interesting to apply to public health process
 - Need to remember to meet sub-recipients at their level of readiness
 - Communities give push back, the Needs Assessment process helped
 - EBP committee helped show them what to do to continue to develop their logic model and strategic plans
 - Teams/sub-teams were developed and it was developmental learning process
 - The EBP limited sub-recipients to 4 environmental strategies (Social norms, access and availability, media campaigns)
 - Developed templates for Logic Models as well as template of video explanation of Logic Models
 - **CHALLENGES**
 - Changed the culture of communities from just give us the money to what the data says is needed
 - Beta testing
 - State learned how to communicate differently
 - Asked communities to do something new
 - Feedback from EBP committee was sometimes hard for communities to receive, they needed someone to process it with them
 - Realistic expectations of what could actually be implemented with time, money and resources
 - Dr. Keith King was the lead for SPF SIG and will also be the lead for SPF PFS with support from OSET
 - No meeting was scheduled instead this group will review the RFP
 - **ACTION**
 - *Homework: Go to the SPF website and review the materials – pick 1 or 2 communities and follow them through their path*
 - *Trainings requested on Rural/Appalachian cultures (Population), and Target variables: Prescription Drug misuse and under-age drinking*